

Online Riders' Briefing

2023 St George Bridgestone NSW Road Race Championships incorporating 2023 Motorcycling NSW Road Race Championships Round 1

Promoter: St. George MCC Inc.
Track: Sydney Motorsport Park - Gardner GP Circuit
Date: Saturday 22nd and Sunday 23rd April 2023

COVID – 19

Please check the Sydney Motorsport Park website regarding conditions of entry to the facility
All persons are required to follow any current NSW COVID-19 safety protocols.

Competitor Responsibilities

- You must read and understand the duty of care statement on your entry form, the supplementary regulations, and the final instructions for this event. These documents may be viewed at <https://www.stgeorgemcc.com/race-events/road-race-sprint-series/>
- Competitors should read and understand the rules governing Road Racing. This event will be run under the General Competition Rules (GCR) as set out in MA's 2022 Manual of Motorcycle Sport (the "MoMS") which may be viewed at <https://www.ma.org.au/licences-rules/rules/general-competition-rules/>
- MA occasionally releases Rule Bulletins which may be viewed at <https://www.ma.org.au/licences-rules/rules/bulletins/>
- You must be aware of MA's policies and the possible consequences of breaching these policies. These may be viewed at <https://www.ma.org.au/licences-rules/policies-si/motorcycling-australia-policies/>
- You must conduct yourself in a responsible manner in accordance with the MoMS.
- You are responsible for your own actions and the actions of your crew.
- You have a responsibility to always act safely.
- You must adhere to instructions given by officials.
- You must take note of where the flag marshal and signalling light points are located.
- You must know what each of the flags and signalling lights mean and must obey them when displayed.
- Track conditions may change unpredictably. At all times you must ride to the conditions of the weather and circuit

Signalling Boards

Board	Where Displayed	Meaning
"5 Minutes"	Start/Finish line and Pit Exit	Indicates 5 minutes until the opening of pit exit.
"2 Minutes"	Start/Finish line and Pit Exit	Indicates 2 minutes until the opening of pit exit.
"30 Seconds"	Start/Finish line and Pit Exit	Indicates 30 seconds until the opening of pit exit.
"Delayed Start"	Starter's Tower	Problem on the starting grid - starting procedure is delayed
"Penalty"	Start/Finish line	Rider whose number is displayed has received a penalty
"Last Lap"	Start/Finish line	Displayed at to the lead machine (chequered flag next lap)

Signalling Flags

Colour	Mode	Meaning
Red	Waved	Race or practice stopped prematurely, Competitors must slow down, must not overtake, and must slowly proceed to the pits
Yellow	Stationary	Danger, ride slowly, overtaking forbidden
	Waved	Immediate danger Slow down, prepare to stop, overtaking forbidden.
Green	Waved	Course clear
Red and Yellow (striped)	Stationary	Deterioration of adhesion of the track
White	Waved	At St. George MCC events this flag is used to signify rain falling on the circuit
Black (Displayed with number board)	Stationary	Competitor with number indicated on the board must stop at the pits on the next lap.
Black and White Chequered	Waved	Finish of race, practice session or qualifying
Blue	Not used	

Electronic Signalling Lights

- Electronic signalling lights may be used in conjunction with flags at each manned marshalling flag point.
- These have the same meaning as the signalling flags.

Pit Lane

- Traffic is one-way in race direction.
- Ride at walking pace only
- No smoking in pit lane or garages. Smoking is only permitted in those areas designated by ARDC.
- Fully enclosed footwear is to be worn in pit lane.
- No spectators are allowed on pit wall.
- Signalling is permitted on the pit wall opposite your garage.
- No pushbikes, wheelchairs, prams, furniture, or persons under 16 (unless a competitor) are permitted in pit lane.

Pit Exit

- Is opened with a green flag for entry to the circuit.
- Is closed with a red flag.
- **Do not ride past a red flag** - follow the instructions given by the pit exit marshal.

Pit Entry

- Is on riders' left on the main straight, just after turn 18.

Practice/Qualifying Sessions

- Sessions are scheduled to be of 10 minutes duration (timed from pit exit open to the chequered flag)
- Pit exit will remain open throughout the session.
- If you decide to leave the circuit prior to the chequered flag being displayed you should signal your intention early and clearly, position yourself on riders' left leaving turn 18, and ride into the **pit entry lane**. Don't change your mind.
- Sessions will be declared by a waved chequered flag at the start/finish line.
- Following the chequered flag practice starts are permitted in the area denoted by orange cones and signage immediately after turn 15.3 on riders' right. A waved yellow flag will be displayed at turn 15 to remind riders that there may be stopped motorcycles around the bend. If you do not intend to perform a practice start you must stay on riders' left exiting turn 15
- **ALL RIDERS ARE TO LEAVE THE CIRCUIT VIA PIT ENTRY**

Racing

- There will be **one** combined sighting/warm-up lap for all races on both days. Should this change for Sunday's racing the Clerk of Course will make an announcement.
- Ensure your bike has sufficient fuel for additional laps if required.
- Know your grid position.
- The grid for race 1 is determined from the qualifying results. Grids are then progressive based on the results of the previous race.
- Starts will be by lights mounted on the starting gantry. The red lights will come on, and **when the red lights go off** the race has started. Should the lights fail races will be started by the **raising** of the national flag.
- Each machine must remain stationary within its grid position until the start signal is given.
- A jump start occurs when there is any movement from the machine, or the machine is not in its nominated grid position, when the field is in the starters control prior to the start signal being shown. The jump start penalty will be 10 seconds added to the competitor's race time.
- **If you encounter problems on the start line:**
 - wave your arms vigorously to attract the attention of the officials and other riders.
 - marshals will wave yellow flags along the wall adjacent to the starting grid.
 - the "Delayed Start" board will be displayed in the starting tower to warn all competitors that there is a problem.
 - if your problem cannot be resolved quickly you will be signalled to push your machine to the wall on riders' right and remain there
 - when appropriate the Delayed Start board and yellow flags will be removed.
 - the normal race start process will then be repeated.
- If starting from pit exit – wait at pit exit and follow the instructions of the marshal, who will release you at the appropriate time. Use caution when joining the race circuit as a medical vehicle will be following the field.

Leaving the circuit after the chequered flag during racing:

- On receiving the chequered flag your race has finished
- Slow down, do not overtake, remain observant!
- To remind you that your race has finished:
 - **A yellow flag will be waved at turn 3.4 on riders' right.**
 - **A red flag will be waved at turn 3.7 on riders' left.**
 - **An illuminated arrow on riders' right opposite the turn 4 gate will be displayed.**
- **LEAVE THE CIRCUIT VIA THE TURN 4 GATE AND RETURN TO YOUR GARAGE AT WALKING PACE**

Red Flags or lights during competition

- During competition waved red flags may be displayed at all flag points.
- **The term “competition” covers practice, qualifying and racing.**
- Reduce speed and proceed with caution.
- Be aware that emergency vehicles may be on the circuit.
- **Remain vigilant, exercise caution and do not overtake any moving emergency vehicles or other competitors.**
- **Exercise extreme caution when approaching and passing any incident scene.**
- **LEAVE THE CIRCUIT VIA PIT ENTRY**
- Return to your garage and await further instructions via pit announcements.

Crashes

- If you crash and are taken to hospital or are recommended by the medical team to seek further medical treatment, your licence will be immediately suspended.
- **To return to racing you will need a clearance from the hospital or your GP stating that "you are fit to race a motorcycle".**
- If you crash and make your own way back to your garage you **MUST attend the medical centre** and be assessed by the medical team. They will then notify the Clerk of Course whether you have been cleared to resume racing or not.
- If possible, move your bike to the tyre wall and get yourself to a safe area behind the wall or to a flag marshal post.
- Do not remove your helmet until you are safely behind a barrier.
- If you abandon your machine and walk away do not return to your machine
- If able, please help the recovery crew load your machine onto the trailer.

Mechanical Breakdown

- If possible, move your bike to the tyre wall and get yourself to a safe area behind the wall or to a flag marshal post.
- Do not remove your helmet until you are safely behind a barrier.
- If you abandon your machine and walk away do not return to your machine
- Please help the recovery crew load your machine onto the trailer.

Other

- Riders are responsible for the behaviour of their crew, family, and friends.
- **DO NOT LEAVE USED TYRES IN THE GARAGES! Take them when you leave the venue.**
- All riders must sign to acknowledge having read and understood these briefing notes.

If required, please ask for clarification of any of these details during Saturday's compulsory riders' briefing.

Have a safe and enjoyable event.

Michael Rooke
Clerk of Course